

Conference at a Glance

7:30 Registration Opens
Continental Breakfast

SESSION 1	A	B	C	D	E
	Emotional Regulation: the Research	Building a Real Life Budget <i>(for yourself, a loved one, or a client)</i>	How I Got My Brain Back	Finding the Right Fit – the CETT Process	LoveYourBrain Yoga
8:30					
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9:30	Maria Kajankova, PhD Mount Sinai	Gillian Franks CVOEO	Nathalie Kelly CHt, TBI Coach	Amber Fulcher, VT ATP	
	PRO	ALL	SF	PRO	SF

9:30—10:00 Break—check out the Survivor Art Show & Exhibitor Booths
10:00—11:00 Keynote Speaker— Hannah Deane Wood
11:00—11:45 Survivor Panel – Melissa Cronin & Bruce Fowler
11:45 – 12:45 Luncheon & Awards

SESSION 2	Getting Where You Need To Go: Transportation in VT	Identity loss and accepting the 'new normal'	Emotional Regulation: Strategies	Art Therapy	Parents perspective on helping a young adult
	Ross McDonald Deb Sachs	Laura Basili, PhD Middlebury College	Maria Kajankova, PhD Mount Sinai	Carolyn Crotty	Kate Ross & Larry Becker
1:00					
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2:00					
	ALL	ALL	PRO	SF	SF
2:00-2:15 Snow White and the Seven Dwarves of Brain Injury – performance by Nathalie Kelly					

SESSION 3	Brain Injury and the Opioid Addiction Epidemic	How to manage your care while in a 'fog' – self advocacy skills	Neuropsych Evaluations: Who, How, What?	Fueling your Brain for Health and Longevity- A Holistic Approach	Therapeutic Drumming
	Chris Carter, PsyD Spaulding Rehab	Ashley Couture, SLP and Cheryl VanEpps, Survivor	Jonathan Lichtenstein, MBA, PsyD DHMC	Marie Frohlich	Steve Ferraris UVM Music Dept
2:30					
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4:00					
	PRO	ALL	PRO	ALL	SF

Recommended audience: SF-Survivor and/or Family PRO—Professional **All**

Note: these are recommendations only – not requirements